

# Tupperware Afternoon Activity for Seniors in Aged Care

[memorylanetherapy.com](http://memorylanetherapy.com)

Most of our residents would have heard of Tupperware they would have hosted a Tupperware party or attended one at some time in their life.

They were very popular in the 1970s and it was a chance to get all your friends and neighbours together. Groups of family members, friends and neighbours would gather at someones home often enjoying afternoon tea or an evening party with drinks and snacks and a couple of hours of socialising.

A Tupperware consultant needed basic training on the products and what they were used for and the party plan “get togethers” became very popular with Australian women, in fact, women all over the world.

Selling Tupperware was an opportunity to work part time, choose your own hours and still be able to look after the family. They were fun and gave you a chance to catch up with good friends and if holding a party the benefits to get the latest products free or heavily discounted.

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## **Send out official invitations**

Send out invitations to all the residents and staff before the big event. We have prepared an invitation for you found on the activity page on our website.

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## **Decorations & Dining**

Create a nice atmosphere with some colourful but simple dining presentations and serve some cake and biscuits. Encourage the residents to dress for a tea party.

If anyone owns old Tupperware pieces they could be displayed on a table (Vintage Tupperware is very collectable now.)

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## **Print out Vintage a Catalogue**

Printing some vintage catalogues will be a good way to spark some memories and reminiscing. We have provided a 10 page printable vintage Tupperware catalogue for you available on our website.

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## **Invite a Guest Speaker**

Invite a local Tupperware representative to come along and have a display of all the new Tupperware products on the market now and show them to everyone. Of course, our residents won't want any products but their family members could join in and staff may be interested to buy something.

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## **Tupperware Games!**

If you are lucky enough to own a couple of “Shape-o-Toys” from Tupperware you could play a simple and fun game.

How to play the “Shape-Ball” game:

1. Have two teams at a time.
2. Give everyone around the table a shape from the set.
3. Pass the Shape-o-Ball around – everyone places their shape in the right hole and then passes it to the next person.
4. The table to finish first by placing all the shapes in the ball wins a prize! (a small chocolate)

Shape-o-Ball  
Play the Points Game

Create a list and award 10 points for everyone that checks the criteria.  
example of a list:

for everyone that wears earrings give them 10 points  
wearing a dress,  
blue eyes,  
in a wheelchair,  
wearing glasses,  
made their bed this morning,  
went to church service this week,  
attended Bingo this week,  
if your outfit has buttons,  
Have been to a Tupperware party before.  
If you sold Tupperware (20 points)

Have fun with the questions!  
The person with the most points at the end of the game wins a prize.

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## **Have some fun Discussions and Questions about Tupperware**

Have a talk on the history of Tupperware. Here are some fun facts in this article:  
<https://clickamericana.com/topics/home-garden/the-history-of-tupperware-parties-tupperware-ladies>

Ask everyone what their favourite Tupperware product was that they owned.  
Did they attend parties?  
Did they host a party or were they a Tupperware consultant?  
Encourage reminiscing about attending Tupperware parties.

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**For more activities for seniors visit:**  
<https://memorylanetherapy.com>