

Elevate the **Australia Day Festivities in Aged Care** to new heights with this engaging and accessible suggestion! Embrace the cherished Aussie tradition of the **Rubber Thong Throwing Competition**, creating joyful moments tailored for seniors on this special day.

Join in the excitement as we explore the perfect blend of tradition and joy for seniors in aged care on Australia Day!

## ***How to play:***

### **1. Have a line from where the rubber thongs are thrown**



### **2. Have 3 pairs of rubber thongs which will give every contestant 6 throws**



## ***How to play:***

**3. The aim of the game is to throw the rubber thong as far as possible.**



**4. Have prizes for the longest throw and a prize for second place.**





## ***How to play:***

5. You could have practice days leading up to Australia Day so contestants can practice their skills at throwing the thongs



## ***A Gentle Reminder:***

While participating in the Australian thong throwing competition, let's prioritize safety for our cherished seniors. Encourage mindful play, ensuring a secure and enjoyable experience for everyone. Here's to fun and safety during our festivities! 🇦🇺🚫❤️

